

Active Adult Senior Expo – Seminar Schedule

Friday June 29th, 2007

3:30 p.m.

➤ **“The Top Ten Myths of Social Security and the Risks that Seniors Face”**

⇒ Frank Van Nosterand, Public Affairs Specialist, *Social Security Administration*

⇒ Steven Liang, *Precision Wealth*

5:00 p.m.

➤ **“DNA and Anti-Aging Techniques”**

⇒ Debbie Justice, Health Specialist / Director, *Feature Presentation*

6:30 p.m.

➤ **“Preparing for Retirement”**

⇒ Jacqueline Lauder, MSG, *Council on Aging*

Active Adult Senior Expo – Seminar Schedule

Saturday June 30th, 2007

11:00 a.m.

- **“The Top Ten Myths of Social Security and the Risks that Seniors Face”**
 - ⇒ Frank Van Nosterand, Public Affairs Specialist, *Social Security Administration*
 - ⇒ Steven Liang, *Precision Wealth*

12:00 p.m.

- **“Win in the Second Half (The Fountain of Age)”**
 - ⇒ Dr. Sheldon Zinberg, Author, *Nifty After Fifty, LLC*

1:30 p.m.

- **“Retirement Income Strategies” and “Estate Planning – How to Leave a Legacy”**
 - ⇒ Wesley Salao, *Precision Wealth*
 - ⇒ Robert Imoto, *Precision Wealth*

2:30 p.m.

- **“Transition Lifestyle Changes – Healthy Eating and Weight Loss Tips”**
 - ⇒ Debbie Justice, Health Specialist / Director, *Feature Presentation*

4:00 p.m.

- **“Reducing Taxes Now and in the Future”**
 - ⇒ Hank Lobel, Manager / Financial Advisor, *Ameriprise Financial*

5:30 p.m.

- **“Fifty, Fit and Fabulous”**
 - ⇒ Chazz Weaver, Fitness Expert and Author

6:30 p.m.

- **“Preparing for Retirement”**
 - ⇒ Julie Schoen, Esq., *Council on Aging*

Active Adult Senior Expo – Seminar Schedule

Sunday July 1st, 2007

11:00 a.m. – 1:00p.m.

- **Shawn Parr – “The Ambassador of Country Music”**
⇒ With the *Go Country 105 Street Team*

2:30 p.m.

- **“Preparing for Retirement”**
⇒ Jacqueline Lauder MSG, *Council on Aging*

3:30 p.m.

- **“Fifty, Fit and Fabulous”**
⇒ Chazz Weaver, Fitness Expert and Author

4:30 p.m.

- **“Retirement Income Strategies” and “Estate Planning – How to Leave a Legacy”**
⇒ Wesley Salao, *Precision Wealth*
⇒ Robert Imoto, *Precision Wealth*